Lecture: Friday, September 16, 2022 7:00 pm



## The Value of Being Broken

## **Dian Abdurachman**

'If one opens up chaos, magic arises"

-The Red Book -

This presentation is an exploration of the often-paradoxical coexistence between being broken and one's personal numinous experience. In the midst of being shattered, it is not uncommon that one has a deeper connection with their surroundings including people, animals, trees, and inanimate objects. Various spiritual breakthroughs in those with psychic fragmentation are well documented, including Jung's own struggle in The Red Book.

Unveiling — a process that results in knowledge of the heart can also be gained after ascending through tribulations. This process has the potential to uncover the heart to receive the knowledge that is poured into it. This is knowledge that is not about registering or intellectual understanding, but is of a certain kind of knowingness that comes from experiencing the unpredictability of the unconscious.

Breaking and repair is a continual archetypal process. However, at times the usual psychic compensatory mechanism takes longer to work as picking up the broken pieces is not a completely ego decision. Steadily holding the paradox between fighting and accepting -side by side - is paramount.

I will approach this topic by circumambulating the theory of analytical psychology that includes the psyche's property of dissociability, images, and discourse of the fairy tale Jorinda and Joringel as well as its main symbols: the red flower with the dew that releases the many birds imprisoned in many cages.



**Dian Abdurachman** is a Jungian analyst based in Fremantle. She previously worked as a medical doctor in Perth public mental health services; and later on completed Jungian psychoanalytic training at ISAP Zurich, Switzerland.

Venue: Cottesloe Civic Centre Lesser Hall
Corner of Napier Street and Broome Street, Cottesloe

Cost: \$15 (members), \$25 (general)

Correspondence and enquiries to the President:
Brittain Garrett phone: 0417 958 658 email: president@jungwa.org